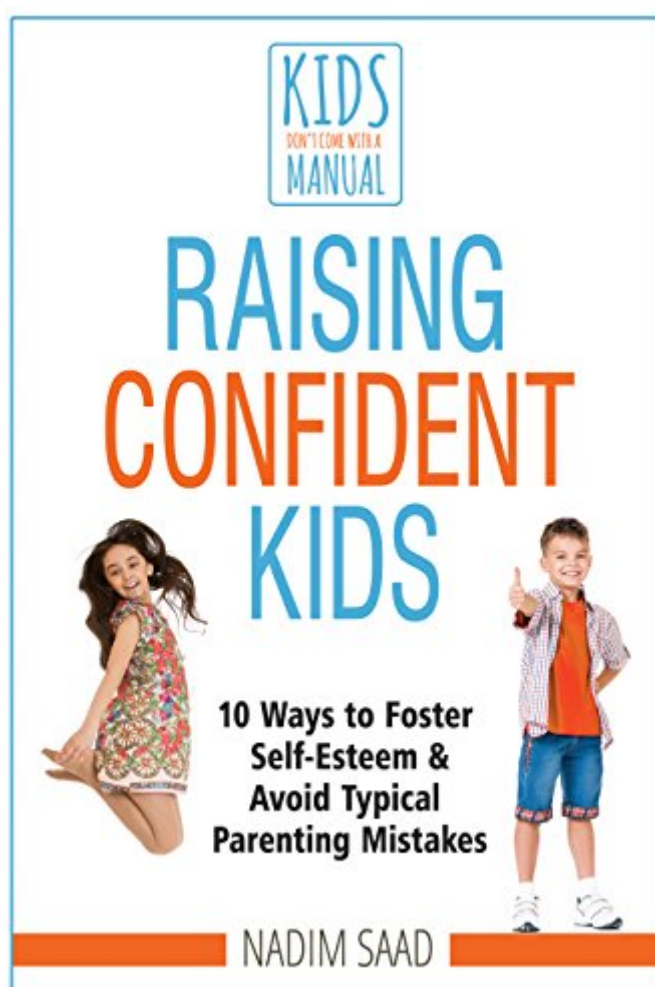


The book was found

Raising Confident Kids: 10 Ways To Foster Self-esteem And Avoid Typical Parenting Mistakes (Kids Don't Come With A Manual Series)



Synopsis

Confidence and self-esteem are key to children's success and there are many ways that parents can develop these traits. However, most parents make many mistakes – usually without realizing it – that can profoundly affect their children's self-esteem, such as using evaluative praise (Good boy/girl, You're so Smart/clever, etc) and over-praising, or on the opposite side of the spectrum being too critical. Through a series of easy-to-apply and practical tools, parenting coach Nadim Saad will give you invaluable advice and tools to develop a Growth Mindset in your children and ensure that they grow to be happy and confident adults. Help your children to develop a Growth Mindset and become confident and self-reliant Step-by-step solutions to praise children in a way that will make them more confident Based on the latest research in child psychology and neuroscience Works for parents with any parenting style

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good ideas to help kids , even for my students, as I am a teacher

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